



2025-2026

Town of Granby Open Enrollment

2025-2026 OPEN ENROLLMENT

Open Enrollment is the one time during the year you can make changes to your benefit elections, without having a qualified change in family status.

Please note that Open Enrollment is passive this year, meaning you only need to submit forms to the Finance Department if you have a change you need to make. Otherwise, all elections will carry over into the new policy year. Employees waiving insurance will be required to sign and submit a "Declination of Insurance" form for ACA purposes.

Open Enrollment will end on June 4, 2025.

At this time, you can:

- Enroll in the medical, dental, and vision plans
- Opt-out (waive) of plans
- Add and/or remove dependents







Medical Insurance

Anthem





HIGH DEDUCTIBLE HEALTH PLAN (HDHP) VS. HEALTH SAVINGS ACCOUNT (HSA)

High Deductible Health Plan (HDHP)

Health Savings Account (HSA)

A <u>medical/pharmacy plan</u> with an upfront deductible that is applicable to all medical and pharmacy benefits.* A convenient and tax-advantaged way to pay for eligible expenses (such as plan deductibles and pharmacy copays) using pre-tax dollars from an individual bank account that you own.

^{*} With the exception of preventive benefits, which are always covered at 100% in-network.

HDHP PLAN SUMMARY – MEDICAL & PHARMACY

In-Network Benefit	HDHP	
Deductible (Individual/Family)	\$2,000/\$4,000	
Coinsurance	0% Coinsurance after Ded.	
Out-of-Pocket Max (Individual/Family)	\$2,000/\$4,000	
Benefit Maximum	Unlimited	
Preventive Care	\$0	
PCP Office Visit	0% Coinsurance after Ded.	
Specialist Office Visit	0% Coinsurance after Ded.	
Radiology (advanced & non-advanced)	0% Coinsurance after Ded.	
Outpatient Therapy	0% Coinsurance after Ded.	
Chiropractic Care	0% Coinsurance after Ded.	
Urgent Care	0% Coinsurance after Ded.	
Emergency Room	0% Coinsurance after Ded.	
Ambulance	0% Coinsurance after Ded.	
Outpatient Hospital	0% Coinsurance after Ded.	
Inpatient Hospital	0% Coinsurance after Ded.	

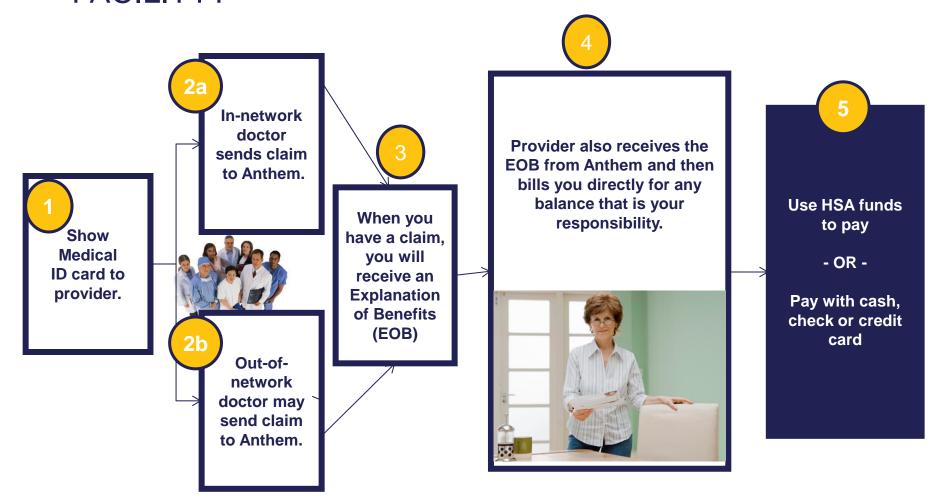


HDHP PLAN SUMMARY- MEDICAL & PHARMACY

Out-of-Network Benefit	HDHP		
Deductible (Individual/Family)	\$2,000/\$4,000		
Coinsurance	20% Coinsurance after Ded.		
Out-of-Pocket Max (Individual/Family)	\$4,000/\$8,000		
Benefit Maximum	Unlimited		
Retail Pharmacy			
Generic	\$0 after deductible		
Preferred Brand	\$0 after deductible		
Non-Preferred Brand	\$0 after deductible		
Mail Order Pharmacy			
Generic	\$0 after deductible		
Preferred Brand	\$0 after deductible		
Non-Preferred Brand	\$0 after deductible		



WHAT HAPPENS WHEN I GO TO MY DOCTOR OR FACILITY?





WHAT HAPPENS WHEN I GO TO THE PHARMACY?



Show Anthem Medical ID card to Pharmacy.



Pharmacy verifies eligibility.





You pay the full cost of the prescription at time of service.

Once you meet your deductible, prescriptions are covered at no copay at a retail pharmacy.

Or
Pay with other form of payment if you choose





Health Savings Accounts

Information & Regulations





HEALTH SAVINGS ACCOUNT FEATURES

- Employees are the owner of their Health Savings Account.
- Employees may contribute to their HSA (pre-tax through payroll)
 - Eligible expenditures from the HSA are tax free per IRS Publication 502
 - HSA balances roll over every calendar year
 - Not a "use it or lose it" account
 - Account is portable
 - Account may accrue interest

The Town of Granby will contribute to your deductible amount annually. Refer to your CBA or Personnel Rules for more information.



HEALTH SAVINGS ACCOUNT FEATURES

HSA Highlights

- IRS Federal Maximum HSA deposit limit for calendar year 2025 is \$4,300 for individual coverage and \$8,550 for family coverage
- Catch Up Contributions of \$1,000 are available if you are over the age of 55
- You can access your HSA funds through a debit card or online banking
- You can use your HSA funds to pay for eligible expenses under IRS Publication 502
- IRS Publication 969 clarifies that you can withdraw tax-free money from your HSA to pay for qualified medical expenses for:
 - Yourself, your spouse (regardless of whether you file taxes jointly or separately), tax dependents and children who are claimed on your ex-spouse's tax return.

Penalties for misuse of funds

- Under 65 → ineligible funds used receive a 20% penalty and are also taxed
- Over 65 → ineligible funds used are NOT penalized, but they are taxed



IRS PUBLICATION 502

- HSA funds can be used for you, your spouse, and qualified tax dependents to cover qualified medical, dental and vision expenses
- Funds you withdraw for nonqualified expenses are included as income and are subject to income taxes and an additional 20% penalty
- A list of these expenses is available on the IRS website, www.IRS.gov/pub502 "Medical & Dental Expenses"



Publication 502 Cat. No. 15002Q

Medical and Dental Expenses

(Including the Health Coverage Tax Credit)

For use in preparing 2020 Returns



Jan 08, 2021

Contents
What's New
Reminders
Introduction
What Are Medical Expenses?
What Expenses Can You Include This Year? 2
How Much of the Expenses Can You Deduct? 3
Whose Medical Expenses Can You Include? 3
What Medical Expenses Are Includible? 5
What Expenses Aren't Includible?
How Do You Treat Reimbursements? 17
How Do You Figure and Report the Deduction on Your Tax Return?
Sale of Medical Equipment or Property 19
Damages for Personal Injuries
Impairment-Related Work Expenses 21
Health Insurance Costs for Self-Employed Persons 21
Health Coverage Tax Credit
How To Get Tax Help
Index 26

Future Developments

For the latest information about developments related to Pub. 502, such as legislation enacted after it was published, go to IRS.gov/Pub502.

What's New

Standard mileage rate. The standard mileage rate allowed for operating expenses for a car when you use it for medical reasons is 17 cents a mile. See <u>Transportation</u> under What Medical Expenses Are Includible, later.

Reminders

Photographs of missing children. The IRS is a proud partner with the National Center for Missing 8. Exploited Children® (NCMEC). Photographs of missing children see lected by the Center may appear in this publication on pages that would otherwise be blank. You can help bring these children home by looking at the photographs and calling 800-THE-LOST (800-843-5678) if you recognize a child.



IRS REGULATIONS FOR HSA

- Not eligible to receive or make tax advantaged contributions to a Health Savings Account, if:
 - YOU, the employee, are collecting Social Security benefits
 - YOU, the employee, are enrolled in Medicare (at a minimum Part A)
 - YOU, the employee, are not enrolled in a qualified HDHP
 - YOU, the employee, have secondary coverage under your spouse and it is a Copay Plan
 - YOU, the employee, currently have Tricare Military Benefits
 - YOU, the employee, have VA (Veteran) benefits and have utilized them (3) months prior to the effective date of the H S A being opened. Unless VA benefits are due to a disability, then regulation does not apply.
 - EITHER you, the employee, and/or your spouse have an open and active General Purpose Flexible Spending Account (FSA). A Limited Purpose FSA is permitted to be open which covers Dental and Vision ONLY.



IRS REGULATIONS FOR HSA

- IMPORTANT Active employees approaching age 65 who are <u>not</u> collecting Social Security benefits, can choose to decline Medicare Part A so that you remain eligible to receive and make pre-tax contributions into your Health Savings Account.
 - If you are collecting Social Security benefits when you become eligible for Medicare, you will automatically be enrolled in Part A.
- Keep in mind, if you enrolled in Medicare after you turn age 65, you will be enrolled in Medicare 6 months retroactive to your enrollment date. Thus, you should stop HSA contributions 6 months prior to enrolling in Medicare if enrolling after you turn age 65..
- IMPORTANT In Publication 969 (irs.gov) it states that if you are NOT claiming your dependent as a Tax Dependent the IRS does not allow you to use your tax advantaged HSA dollars to pay for those dependent's claims.





Vision Insurance

Anthem





VISION SUMMARY

BVV Plan Benefits	In-Network	Out-of-Network	Frequency			
Eyeglass Frames	\$100 Allowance, then 20% off any balance	UP to \$45 reimbursement	Once every calendar year			
Eyeglass Lenses (In lieu of contacts)						
Single Vision	\$20 Copay	Up to \$40 reimbursement				
Bifocals	\$20 Copay	Up to \$60 reimbursement	Once every calendar year			
Trifocals	\$20 Copay	Up to \$80 reimbursement				
Eyeglass Lens Enhancements						
Transitions Lenses (children under 19)						
Standard Poly Carbonate (children under 19)	\$0 Copay	No allowance obtained OON	Same as covered eyeglass lenses			
Factory Scratch Coating						
Contact Lenses (In lieu of eyeglass lenses)						
Elective conventional)non- disposable); OR	\$100 allowance, then 15% off any balance	Up to \$95 reimbursement				
Elective disposable; OR	\$100 allowance (no additional discount)	Up to \$95 reimbursement	Once every calendar year			
Non-elective (Medically Necessary)	Covered in full	Up to \$210 reimbursement				



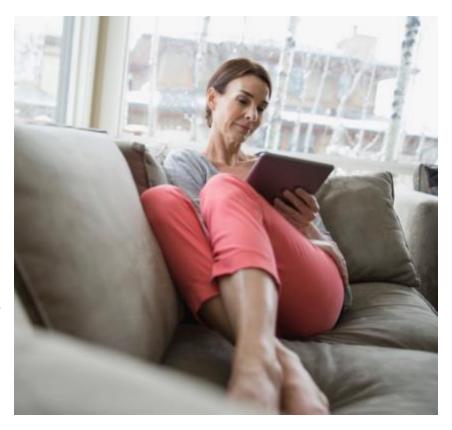


ON THE GO

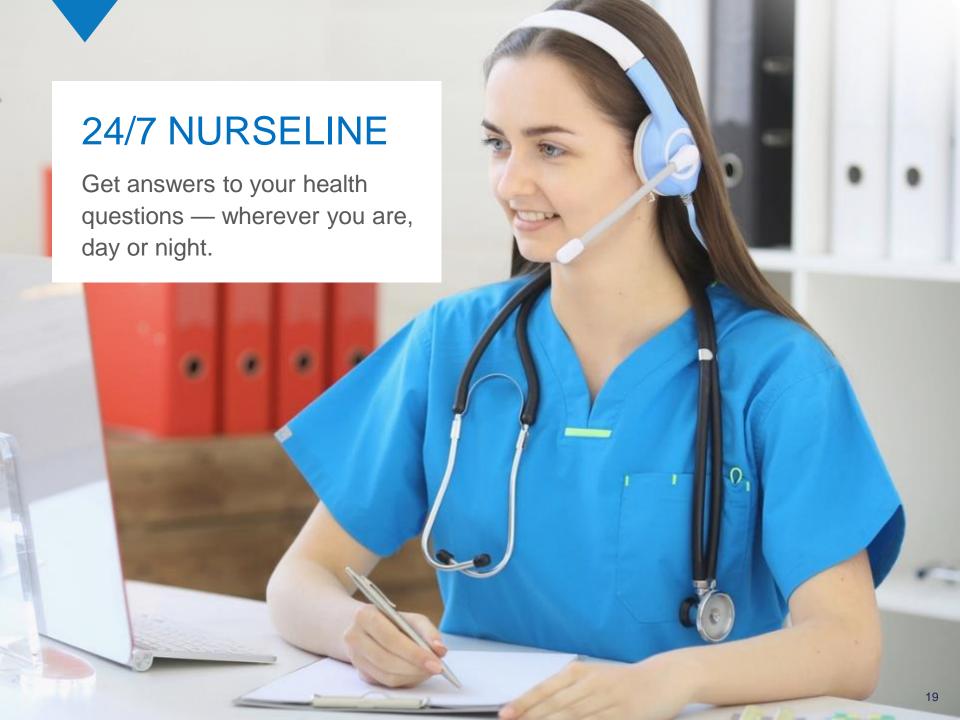
Live**Health**

- Have a private video appointment with a doctor on your mobile phone, tablet or computer with a webcam.
- Doctors are available 24/7 for advice, treatment and prescriptions, if needed.
- See a licensed therapist or psychiatrist.
 Appointments are available 7 days a
 week and usually cost the same as an inperson visit.

Sign up at <u>livehealthonline.com</u> today or download the free app.







ConditionCare

Get support from a dedicated nurse team if you have:



Asthma



Diabetes

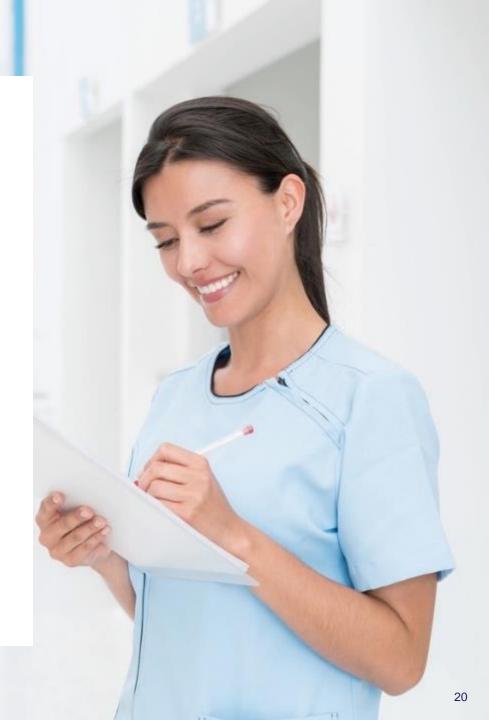


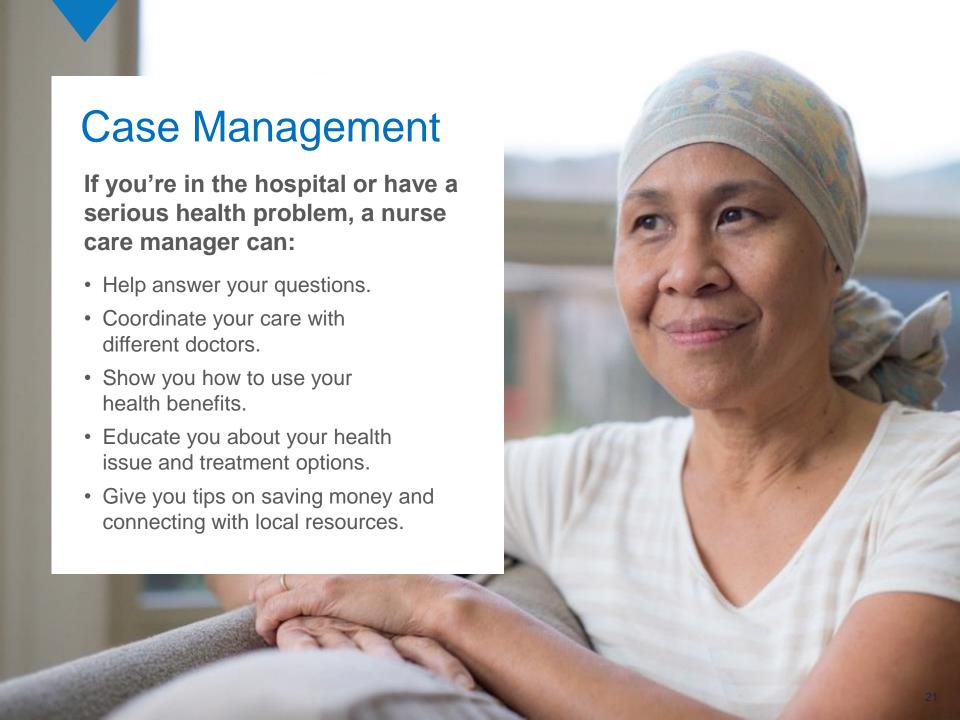
Heart disease / heart failure



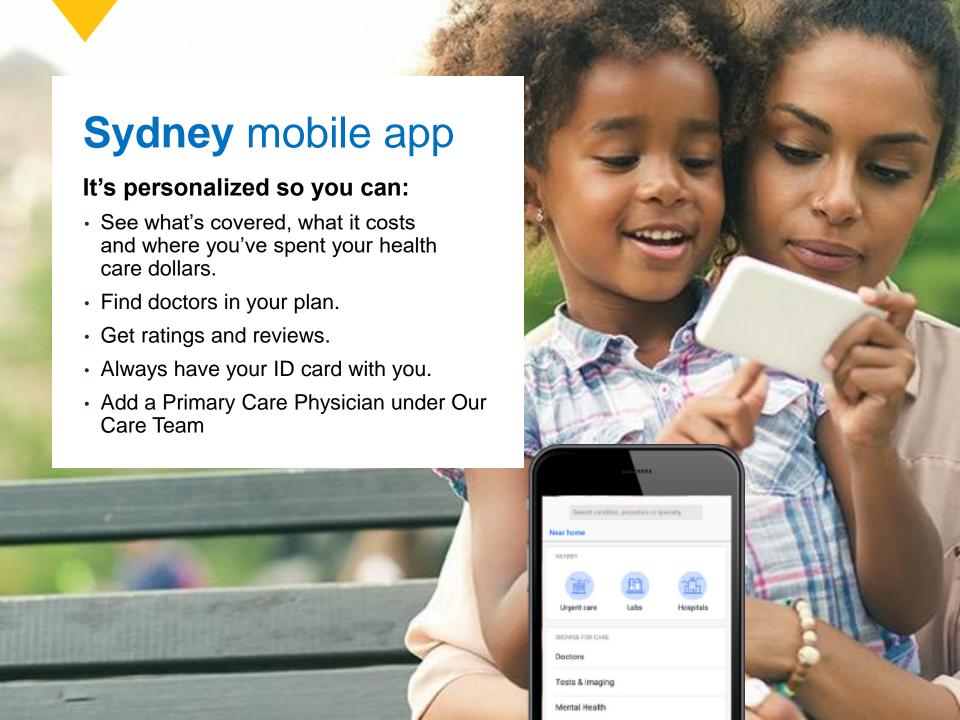
Chronic obstructive pulmonary disease (COPD)

 Work with dietitians, health educators and pharmacists.









GET PERSONALIZED INFORMATION

Register on the **Sydney** mobile app or at anthem.com.



Find a doctor.



Check the price of a medicine or refill a prescription.



Update your email address for easy access to plan information you need.



Take a health assessment and get tips for how to get or stay healthy.



Estimate your costs before you go to the doctor.



View claims, Explanation of Benefits and your health savings account balance.





Dental Insurance

Delta Dental





DENTAL SUMMARY

	If a Delta Dental PPO SM Network Dentist is Used	If a Delta Dental Premier® or Non- Network Dentist is Used
Per Person Family Aggregate Maximum	\$25 \$75	\$25 \$75
 Preventive & Diagnostic (No Deductible) Exams, Cleanings, Bitewing X-Rays (2 per calendar year per person) Fluoride Treatment (for children to age 19) Sealants (To age 16) 	Plan Pays: 100%	Plan Pays: 100%
 Remaining Basic (After Deductible) Fillings, Extractions & Root Canals (Endodontics) Periodontal & Oral Surgery Repair of Dentures 	80%	80%
Crowns & Prosthodontics (After Deductible)	70%	70%
Calendar Year Maximum (Per Person)	\$1,500	\$1,500
Orthodontia (Adult & Children) Lifetime Deductible Coinsurance Lifetime Maximum	\$50 60% \$2,000	\$50 60% \$2,000



Delta Dental PPO Plus Premier™ nationwide networks

If you use a Delta Dental PPO™ dentist

- Your out-of-pocket costs will be lowest for services if you use a participating PPO dentist.
- Your annual maximum stretches further because the PPO dentists' fees are lower.
- Participating dentists may not charge more than Delta Dental's allowed charges, and are paid directly by Delta Dental for covered services.

If you use a Delta Dental Premier® dentist

- Our largest nationwide network.
- Your out-of-pocket costs will be higher, and your plan maximum will not go as far, since Premier dentists' fees are not as discounted as PPO dentists
- Participating dentists may not charge more than Delta Dental's allowed charges, and are paid directly by Delta Dental for covered services

You may use dentists that do not participate with Delta Dental

- You are responsible for submitting the claim
- You are responsible for making payment to the dentist
- Your out-of-pocket costs are highest when you use non-participating dentists

Visit www.DeltaDentalCT.com/FAD to find a dentist.

Choosing dentists with the "Greater Savings" icon helps you keep more money in your pocket.





DENTAL EMERGENCY? USE OUR VIRTUAL VISITS SERVICE!

Delta Dental Virtual Visits, delivered by TeleDentistry.com, provides 24/7 access to a dentist, 365 days a year, for our members.

You can use Delta Dental Virtual Visits when:

- having a dental emergency while on vacation, during holidays, or away from home
- needing access to a licensed dentist after hours or if your dentist is unavailable
- having a dental emergency and you do not have an established dentist

You should always try to access your regular dentist before using the Virtual Visits service.



To get started, call our 24/7 hotline at 866-443-1882 or visit www.DeltaDentalCT.com/VirtualVisits.

Delta Dental's Virtual Visits service is provided by Teledentistry.com. This service is a covered benefit in most Delta Dental of Connecticut plans for currently enrolled members.

Please note that a Virtual Visit is considered to be a "problem-focused exam" and counts as one of your annual examinations covered by your plan.

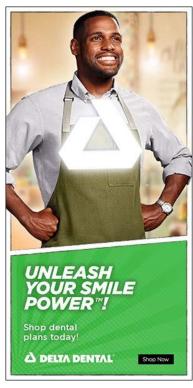


YOUR RESOURCES – CONNECT WITH DELTA DENTAL

- Register and log into your My Smile® account at DeltaDentalCT.com to access your dental benefits information
- Use the same log in information to access your dental benefits information in the Delta Dental App
- Customer Service 800-452-9310

Call, go online or download our mobile app for these services:

- Verify eligibility
- Review benefits
- Look up claim payments
- Find a dentist
- Cost Estimator on mobile app
- Get your ID card





Oral health and wellness information Your one-stop dental resource hub

- Library of articles on oral health & wellness
- Videos on dental topics
- Oral health risk assessment tool MyDentalScore.com
- Grin! Magazine quarterly online wellness magazine
- Resources on:
 - Smoking Cessation
 - Hygiene Practices
 - Vegan Diet





Dental ID card

PPO Plus Premier

New Members: Your ID Card will arrive in the mail.

All Members: Your ID card is available online in the MySmile Portal at DeltaDentalCT.com





WE WANT YOU TO FEEL HEALTHY AND LOVE YOUR SMILE.

Taking good care of your teeth is an important part of taking good care of yourself.

- Brush and floss your teeth twice a day
- Go to the dentist twice a year
- If you have pain in your mouth, don't delay, visit your dentist
- Tell your dentist about any medical conditions you have like diabetes, cardiac disease, or pregnancy
- Protect your teeth from injury wear a mouth guard when playing sports
- Find a dentist that is conveniently located for you that offers hours that work for you and your family





ABS

HSA, FSA, DCFSA





Limited FSA

\$3,300.00

- Unlike an HSA where funds are only available to spend once they are deposited into your account, the entire amount you elect to contribute to your Limited FSA is available on day 1 of your plan year.
- Even though your HSA can also cover these services, using a Limited FSA allows you to save your HSA funds for future medical expenses.
- If you cannot fund your HSA in full, a Limited FSA may not be a valuable asset. Unlike a Limited FSA, funds in your HSA will always roll forward from year-to-year, allowing you to accumulate funds over time, so it is most beneficial to fully fund this account first.

Expenses covered by a Limited FSA:

- Dental, orthodontia, dental implants, veneers, dentures, crowns, filling and bridges (no cosmetics)
- Vision: Optometrist, ophthalmologist visits, Eyeglasses, contacts, prescription sunglasses, solutions, laser eye surgery and drops

Rules:

- A limited FSA <u>can</u> be paired with a health savings account (HSA)
- A Limited FSA cannot be paired with a Medical Flexible Spending Account (FSA)
- After you hit the Minimum IRS deductible (1650/3300), your Limited FSA can cover eligible out-of-pocket medical expenses just like a Medical Flexible Spending FSA. This is referred to as a post-deductible or combination FSA.

Flexible Spending (medical)

\$3,300.00

- FSA medical funds are available on **DAY 1** of the plan year July 1, 2025
- Medical Flexible Spending is INDEPENDENT of your health insurance plan and you can participate if you
 are enrolled in Medicare.
- Your election will deduct evenly out of every paycheck during the plan year 26 payrolls. **Example** \$1000.00/26 = \$38.46
- You can cover your spouse and children under the age of 27.
- Debit card will be mailed to your home address (set of 2).

Healthcare FSA includes:

- Medical Expenses (Copays, doctor visits, surgeries, prescription drugs, etc.)
- Dental Expenses (Cleanings, fillings, implants, crowns, orthodontia, etc.)
- Vision Expenses (Frames, contacts, contact lens solution, prescription lenses & sunglasses, etc.)
- Over **20,000** eligible items in the marketplace including **over-the-counter medications** (allergy, asthma, cold/flu, heartburn, acetaminophen), first-aid, feminine care products, PPE
- Visit the FSA Store online for a full list (<u>www.abs125.com</u>)

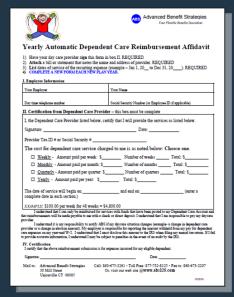




Dependent Care

- Employees contributing to this benefit reduce taxable income as it spreads the benefits of pre-tax dollars throughout the year helping to save 30% or more on dependent care costs.
- DCAs may provide employees more tax advantages than the federal income tax credit
- Pay to balance Reimbursement only occurs after funds are deducted from your paycheck and applied to your account.
- No debit card Sign up for direct deposit for a faster return.
- If you have a fixed cost, complete an ABS "Affidavit" once at the beginning of the plan year and submit it directly to ABS with a receipt.





\$5,000 per household
\$2,500 per person (if married filing separately)

Grace period and run out

A Grace Period extends the period of time in which you can use your FSA funds on eligible expenses, such as going to the doctor or purchasing prescriptions or over-the-counter medications.



July 1st , 2025 – June 30th , 2026

September 15th , 2026 – deadline to **incur** claims

September 30th , 2026 – deadline to **submit** claims

- This extension does not impact the next plan year. You can still elect up to the full maximum annual election.
- If you have the debit card, it will continue to work as normal, using the funds remaining in your prior plan year first.

