

TOWN OF GRANBY  
Commission on Aging  
MINUTES  
October 10, 2023

**Members present:** Jean Donihee-Peron, Jennifer Jalbert, Ellen Thomson, Mae Collins, Kathy Garlasco

**Staff:** Sandra Yost; Director of Human services, Jennifer Kielbasa; Program Coordinator

**Call to order:** Meeting was called to order at 9:33am

**Minutes:** On a MOTION by J. Jalbert, seconded by J. Jones, the Commission voted unanimously (9-1-0) to approve the minutes of June 12, 2023, with the amendment made that Director of Library Services name should be changed from Amby to Amber.

**Chairmans Report:**

- Membership terms for three members end this year.
- Looking into possibilities of Housing Authority. Town needs to own the property, there would need to be a separate Board of Directors. Chairman J. Donihee-Peron is gathering information to begin the formalizing of a proposal to present to the Board of Selectman.
- J. Jones and J. Jalbert will assist Program Coordinator Jennifer Kielbasa in updating the Policy and Procedures manual.
- Discussion ensued about a Friendly Caller program; the commission is not sure if this is exactly what they are looking for. There seems to be volunteers to make the calls, but not many who sign up to receive the calls. Discussion went further to discuss "Be a Good Neighbor."
- Promotion video is on hold.

**Directors Report:**

- Kitchen remodel update: Awarded the STEAP grant for \$126,000. In the process of receiving an updated quote and meeting with STEAP. Meeting with consultant this week.
- Program Guide is out for the entire town. Would like to have the fall edition to include September next year.

**Activities:**

- Granby Senior Fall Social-great turnout. Over 100 Seniors joined Center staff at Holcomb Farm North Barn.
- Aging Mastery Program is in the 5<sup>th</sup> week. The course was offered at no cost because of the Collette Trip commission.
- Moveable Senior Center-held first event. Hosted Stonewall Speakers via zoom.
- Tai ji Quan: Moving for Better Balance Evidence-Based Program starts in November. The Center is able to offer the program at no charge through a generous grant from the CT Health Living Collective.
- Upcoming Collette trips: Italian Vista leaves this week.
- Thanksgiving and Holiday events will be held in November and December. People have begun signing up.

**New Business:**

None.

**Old Business:**

None.

**Adjournment:**

Adjourn at 10:33 am.

Vanessa Berrelli  
Recording Secretary