



GOT NEW YEAR'S RESOLUTIONS?

# ROCK YOUR LIFE.

YOGA & VISION BOARD  
WORKSHOP FOR  
YOUNG WOMEN

- VISUALIZE YOUR DREAMS.
- PUT IT ON PAPER.
- MAKE IT HAPPEN.

Join us for this relaxed, creative event where you'll **get centered** with some easy yoga, **get crafty**, and **get up close and personal** with your action plan for your future.

NO EXPERIENCE NEEDED. NO PRESSURE. JUST FUN.

DEC 29, 2016 | THURSDAY | 3-6PM | \$30 PER TEEN  
HOLCOMB FARM, WEST GRANBY  
CALL 860.844.5355 TO REGISTER

• TAUGHT BY:

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